



The Messenger

The Church of the Incarnation

600 Third Avenue North

Great Falls, MT 59401

"The Word became flesh and dwelt among us." - John 1:14

August, 2015

RECTOR'S RAMBLINGS

With summer fast coming to a close, I'm reminded of the changing seasons of life; here are some things the changing seasons have taught us about life...

- * Nothing ever stays the same.
- * Whether we are prepared or not, the changing season will come.
- * Whether we are prepared or not, the changing season will go.
- * Every season brings with it some form of sadness and joy.
- * Every season brings with it a lesson to learn, if not many.
- * We may make new friends when the changing season comes.
- * We may lose friends when the changing season goes.
- * Seasons seem to come upon us really fast, sometimes even instantly, without any warning.
- * Yet, strangely, seasons often seem to stay a bit too long.
- * This is where Faith perseveres, for God always has a purpose.

To be aware of the seasons changing... is to live.

To enjoy and appreciate them... is to live well.

In Christ's Love,
Tim+



Holy Eucharist is celebrated each week:

Sunday at 8:00 a.m.

Sunday at 10:00 a.m.

Wednesday at noon

Recovery Service each Saturday at 6:00 p.m.

Clothing Closet is open Thursday and Saturday, 10 a.m.-1 p.m.

Sunday, August 2 - Home Aloners picnic, Mickey Rossberg's home, 1 p.m.

Saturday, August 8 - St. Andrew's Guild (Andy's Bunch) Breakfast, Perkins Restaurant, 8:30 a.m.

Saturday, August 15 - Church picnic at Ardelle Watkin's home, 3 p.m.

Sunday, August 16 - Daughters of the King picnic at Cheryl Quintero's home, 3 p.m.

Sunday-Sunday, August 16-23, Family Promise at The Church of the Incarnation

Tuesday, August 18 - Altar Guild dinner at Cheryl Quintero's home, 6 p.m.

Twelve-Step organizations meet in Gilliam Hall each week:

GA - Monday and Friday, 7 p.m. and Saturday, 1 p.m.

GA and Gamanon - Wednesday, 7 p.m.

AA - Wednesday and Saturday, 7:30 p.m.

Men's CODA - Tuesday, noon

CODA - Thursday, noon

Alanon - Friday, 12:15 p.m.



Daughters of the King Picnic

DAUGHTERS OF THE KING will be gathering at the river, Sunday, August 16, at 3 p.m., at the Quintero home in thanksgiving for the past year and in anticipation of what the Lord will be bringing in their "new beginnings" come September. Come! Bring a friend or a spouse! Share in fellowship, food, song, and prayer.



Good News

Just a report....After seven months, my femur is completely healed. I still walk with a walker because both of my legs are very weak. I will go to the Peak for physical therapy in August. Hopefully, I will be able to walk normally again, but it is a long haul.

Jenny Otis

NewsLetter DEADLINE

The deadline for the September *Messenger* is Monday, August 24. Please submit articles to Vi Stahlecker at vstahlecker@bresnan.net, by phone at 452-4209, or by mail at 3304 Arbor Way, Great Falls, MT 59405.

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The Rev. Tim Ljunggren, Rector

Vi Stahlecker, Editor



Church Picnic

Set aside the date now! There will be a church picnic at Ardelle Watkin's home, 4505 Willowdale Lane, on August 15th, 3 p.m. Invite your family, friends, and neighbors for a fun-filled afternoon.

Pulled pork and hot dogs will be provided. Bring a dish to share. In order to have a balanced menu, those whose names begin with A-H, please bring salad; I-P bring an appetizer; and Q-Z, bring dessert.

Entertainment will include visiting and a boat ride. Also, if you would enjoy a dip in the pool, bring your suit and a towel.

Directions to Ardelle's home: Take Fox Farm road out to the county road; make a left turn; and continue on to Willowdale Lane. Follow the balloons to Ardelle's house.

All are welcome. Be sure to set aside this date on your August calendar.



FAMILY PROMISE Refuge for the Homeless

Our Family Promise host week is coming up: August 16-23rd. Once again we need volunteers to cook meals, host, spend the night, do laundry, move the beds in and out, prepare the rooms, and clean up afterward. Please email me at gbderooy@gmail.com what you are able to contribute, and I will begin filling in the blanks.

As a reminder if you have not participated in the training please take the time to do so. There is a scheduled training Tuesday evening, August 4, at 6 p.m., at Central Christian Church.

On Behalf of Family Promise
Geraldine deRooy Key

WHO'S WHO

Bishop: The Rt. Rev. Dr. C. Franklin Brookhart
Assistant Bishop: The Rt. Rev. Carol J. Gallagher
Rector: The Rev. Timothy M. Ljunggren
Deacon: The Rev. Marcia Lauzon
Verger: Kevin Williams

The Vestry

Senior Warden: Richard Pate
Junior Warden: Gretchen Swift
Treasurer: Beth Baker
Jeff Brainard
Jack Corcino
Geraldine deRooy
Lana Furdell
Nona Munroe
Ed Neste
Andrew Sloan
Kevin Williams

The Staff

Organist/Choir Director: Lana Furdell
Secretary: Becky Workman
Sexton: Doug Pate
The Messenger Editor: Vi Stahlecker

Andy's Bunch, for the men and boys of the Church of the Incarnation, will meet for breakfast on Saturday, August 8, at Perkins Restaurant at the corner of Sixth Street and Second Avenue North. We will meet in the lobby of the restaurant at 8:30 a.m. Hope you can make it.



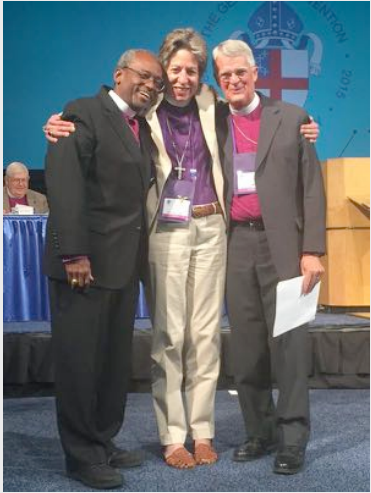
ALTAR GUILD DINNER MEETING

ALTAR GUILD will gather at the Quintero home, Tuesday, August 18, at 6 p.m. Would you like to join a "behind the scenes" ministry that is filled with wonder? Come, gather with us and get to know us...and share in some good food and laughter too.

By the way, this is a ministry for men and teens, too!

All are welcome at the Lord's banquet table!

78TH GENERAL CONVENTION



Incoming Presiding Bishop Michael Curry
Presiding Bishop Katharine Jefferts-Schori
Former Presiding Bishop Frank Griswold

Every nine years, a new Presiding Bishop is elected, and this is one of those years. Four candidates were selected by committee. After the announcement of candidates in May, the public had the opportunity to watch each of their online videos and submit questions to the candidates. Each candidate was given an opportunity to speak before a combined session of Deputies and Bishops. The bishops elected the new Presiding Bishop, who then had to be confirmed by the House of Deputies. This year's election took place on Saturday, June 27. Our new Presiding Bishop is the Rt. Rev. Michael Curry, bishop of North Carolina. He is the first Presiding Bishop ever to be elected on the first ballot. He has said his priorities are discipleship, service, and social justice. He will be officially installed at Washington National Cathedral in November.

The General Convention and the election of a Presiding Bishop are important to our life as Episcopalians. We owe the delegates our thanks, and our prayers continue for them and for the new Presiding Bishop.

Saint for the Month of August Saint Bartholomew the Apostle

We celebrate St. Bartholomew the Apostle on August 24th. He is usually identified as Nathaniel and was introduced to Jesus by his friend St. Philip. In the Synoptic gospels St. Bartholomew and St. Philip are always mentioned together. He is also referred to as Nathaniel of Cana in Galilee which occurred immediately following Jesus' first miracle, the Marriage at Cana.

St. Bartholomew is also one of the disciples present at the ascension of Jesus Christ along with Saints Peter, James the son of Zebedee, John, Andrew, Matthew, Philip, Thomas, James the son of Alphaeus, Simon Zelotes, and Judas the brother of James (who is thought to be one of Jesus' brothers).

When Nathaniel was first introduced to Jesus by St. Philip he was initially skeptical about the messiah coming from Nazareth saying: "Can anything good come out of Nazareth?" St. Philip said unto him, "Come and see." When Jesus saw him coming he said of him, "Behold an Israelite indeed, in whom is no guile." For Nathaniel recognized Jesus as the Son of God and the King of Israel.

Nathaniel was also one of the disciples to whom Jesus appeared following his resurrection at the Sea of Galilee (also called the Sea of Tiberias - probably because it is the water front of the town or city of Tiberias).

St. Bartholomew conducted his ministry in Ethiopia, Mesopotamia, Parthia, and Lycaonia. He along with the apostle St. Jude is credited for bringing Christianity to Armenia in the 1st century, and they are considered the patron saints of the Armenian Apostolic Church. He is also credited for performing several miracles, particularly those that have to do with the weights of objects.

St. Bartholomew is said to have converted Polymius, the king of Armenia, to Christianity. Astyages, Polymius' brother, consequently ordered St. Bartholomew's execution.

St. Bartholomew is the patron saint of: Armenia; bookbinders; butchers; Florentine cheese and salt merchants; Gambatesa, Italy; Cathalogan, Samar; Gharghur, Malta; leather workers; neurological diseases; plasterers; shoemakers; curriers; tanners; trappers; and whiteners.

A disciple of our Lord Jesus Christ,

Spero



VOLUNTEERS ARE NEEDED

The FISH program is in need of volunteers. The task of a FISH volunteer is to help distribute emergency food to the needy people of our community. FISH volunteers work one (1) week every three (3) months. During the week that we support FISH, each volunteer is asked to work for about two hours on the day of their choosing.

Working as a FISH volunteer is said to be a spiritually and rewarding experience, because you will be helping some of your brothers and sisters in Christ. Additionally, you will likely be openly rewarded by the Lord. It is also a stimulating and enjoyable experience. Just ask any of the current volunteers.

For more information on volunteering and the FISH program please don't hesitate to call me at 454-9063 anytime. Your FISH program representative,
Bob Shanks

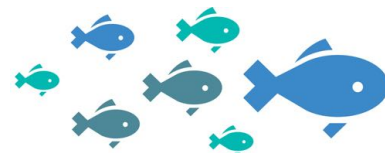
FISH Data for June 2015

The chart below is a comparison of those serviced by FISH between June 2014 and June 2015. As you can see there have been some changes between the 2014 and 2015 figures. There was an increase in the number of singles, adults, and total meals served; we were up 35.9%, 18.0%, and 20.3% respectively. There was a decrease in the number of families, children, and total pounds delivered; we were down 32.7%, 34.7%, and 18.0% respectively. The YTD numbers increased for singles and the total meals served; we were up 2.5% and 10.4% respectively. The YTD numbers decreased for families, adults, children, and total pounds delivered. We were down 17.7%, 2.8%, 27.4%, and 6.8% respectively. However, FISH still provided about 3.5 tons of emergency food to our community during the month of June 2015 and 23.8 tons (or 4.0 tons per month) YTD for January through June

	June, 2014	2014 YTD	June, 2015	2015 YTD
Families	107	510	72	420
Singles	39	360	53	369
Adults	172	1,180	203	1,147
Children	121	668	79	485
Meals	3,516	22,176	4,230	24,480
Pounds of Food	8,447	51,159	6,927	47,664

Clearly, there is still a demand (in our community) for the emergency food we distribute through FISH. Amen!

Bob Shanks
Member of the FISH Board of Directors
Representing the Church of the Incarnation





Having a deacon at Holy Eucharist changes the service, and it's been a long time since we had another deacon. Every so often, I'm asked if I'm doing too much. The short answer is: no! Many of the things a deacon does are prescribed by the Prayer Book rubrics. Rubrics are the rules, written in italics, within the service order. Originally they were in red, which is where we get the word rubric; the word ruby has the same root.

For instance, on page 357, the rubrics describe the reading of the gospel: Then, all standing, the Deacon or a Priest reads the Gospel.

Besides the italicized text within each Rite, there are Additional Directions beginning on page 406. For instance: It is the function of a deacon to make ready the Table for the celebration, preparing and placing upon it the bread and cup of wine.

These are the things a deacon should expect to do during a service of Holy Eucharist:

- Carry the Gospel book in procession to the altar.
- Read the Gospel and replace the book on the altar.
- Bid the congregation to recite the Nicene Creed.
- Lead the Prayers of the People.
- Bid the congregation to the Confession of Sin.
- Prepare the altar for Eucharist.
- Cleanse the vessels and reset the altar after Eucharist.
- Dismiss the congregation.

Each of these tasks is a privilege. None is a burden. They belong to the deacon by right of ordination. People who become deacons expect to do most or all of them. Any of these things can be done by the priest, especially in the absence of a deacon, as the priest has also been ordained as a deacon.

The deacon may do other things, for instance, leading Morning or Evening Prayer, or preaching. Everything in the worship service is at the discretion of the priest in charge, and of the bishop of the diocese.

I am very fortunate to be with this parish, working with Fr. Tim and for Bishop Brookhart. Both are extraordinarily supportive of deacons, and have been good teachers and guides.

No, it's not too much! I enjoy every bit of the deacon's Sunday work. I am doing what a deacon should do.

Marcia Lauzon, Deacon



MESSAGE FROM THE CLOSET

Many thanks to each and every one of you who support our Closet through your good works: bringing in your own clean donations, the Home Aloners who donate specific items needed by the Closet, the lady who connects with the public through newspaper ads and other social media, drivers who work with Once Upon a Child to bring us a bounty of clothing each week, Wednesday's work group which sorts and presents the hundreds of pieces each week to help us make a strong showing each Thursday and Saturday, all of you who take loads of washing each Sunday after mass and bring them back clean during the week, those who regularly attend to our patrons on Thursdays and Saturdays. This is a big list and I hope no one was neglected. Each part of this process is vital and works together to make a beautiful gift for our community.

The school season is almost upon us and we'll see a great rush to find good school clothing. We've done a good job of collecting winter clothing and are prepared to make the change from summer to winter apparel. Winter and its weather will be quickly upon us, so please be thinking of offering a special gift of mittens and gloves which are always in short supply. Those of you who go to yard sales could shop for winter coats and other apparel, please.

Just a reminder: The Closet also has an emergency supply of bedding and towels for people who lose their belongings through fires and other such emergencies. These items are kept separately in Closet 7 in the newer part of the church and are collected throughout the year. If you're replacing towels or other household linens, please donate your old ones to this cause. It's surprising how quickly this supply gets used up in emergencies.

Thanks again. I am honored to be a part of this great congregation.

Mary Ann

The Transfiguration of Jesus Christ

We celebrate "The Transfiguration of Jesus Christ" on August 6th. So, what is the Transfiguration of Jesus Christ? Jesus is changed (or metamorphosed) and becomes radiant upon a hill or mountain top. The place where this occurred is called "The Mount of the Transfiguration" since we don't know its exact location.

Jesus takes with him Peter, James the Greater, and John his brother up onto this high mount to pray. Then Jesus was transfigured before their eyes: and his face did shine as the sun, and his raiment (garments) were white as snow (as though a glistering light).

There appeared unto them Moses and Elijah talking with Jesus. Then answered Peter and said to Jesus, "Lord, it is good for us to be here: if thou wilt, let us make here three tabernacles; one for thee, and one for Moses, and one for Elijah." Now, while he spoke, a bright cloud overshadowed them and a bold voice out of the cloud, said, "This is my beloved Son, in whom I am well pleased: hear him." When the disciples heard it, they fell on their faces and were sore afraid. Then came Jesus and touched them, and said, "Arise, and be not afraid." And when they lifted up their eyes, they saw no man, except for Jesus.

The Transfiguration is one of the five major milestones discussed in the gospels concerning the life of Jesus, the others are the Baptism, Crucifixion, Resurrection, and Ascension. This is believed to be where human nature meets God: the meeting place for the temporal and the eternal with Jesus; as the connecting point and acting as the bridge between heaven and earth. It is also a key episode and almost immediately follows another significant event, the Confession of Peter: "You are the Christ."

The Transfiguration also supports the identity of Jesus as the Son of God (as in his Baptism) with the statement, "hear him," identifying him as the messenger and mouth-piece of God. The significance made here is evident by the presence of Moses and Elijah for this indicates to the apostles that Jesus is in fact the voice of God, "without exception" instead of Moses and/or Elijah. The Transfiguration further emphasizes that God is not the God of the dead, but of the living.

A disciple of our Lord Jesus Christ,

Spero

THE MEMORIAL FOUNDATION

The Episcopal Church Memorial Foundation serves as a thoughtful way to honor loved ones and friends by receiving memorials, thanksgivings, honors and bequests. For information about the Foundation, contact Wayne Linnell (788-9834), Ardelle Watkins (788-5676), or Gayle Archey (452-9632).

Memorial Gifts, Thanksgivings, Honor Gifts, and Bequests received by the Parish during the month of July, 2015:

In Memory of:

Howard Bradley

Bill Lumpkin

Howard Bradley

Dawn Holt

Given by:

William and Joan Nell Macfadden

William and Joan Nell Macfadden

Wendy L. Bradley

Gregory B. Holt

Designated for:

To: Episcopal Church Memorial Foundation
P. O. Box 3046
Great Falls, MT 59403-3046

The enclosed gift in the amount of \$_____ is given

_____ in Memory of _____ in Thanksgiving for _____ in Honor of (check one)

by _____

(Address) _____ City _____ State _____ Zip _____

Please send gift notification to:

